

# Children's Silk Long Underwear

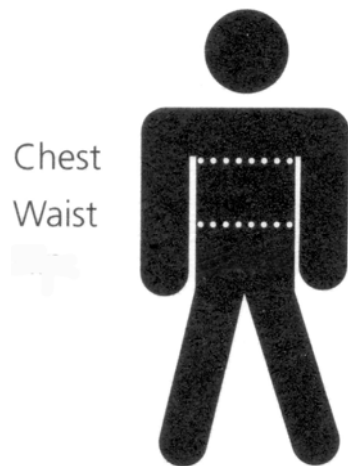
## Body Measurements

CHILDREN'S BODY SIZE GUIDE					
Size to order	XS	S	M	L	XL
Height (cm)	108	122	132	142	152
Chest (cm)	58	63	68	73	78
Waist (cm)	55	57	60	65	70
Size to order	XS	S	M	L	XL
Height (inches)	42 1/2	48	52	56	60
Chest (inches)	23	25	27	29	31
Waist (inches)	21 1/2	22 1/2	23 1/2	25 1/2	27 1/2

OUR SIZES COMPARE APPROXIMATELY WITH CHILD'S AGE					
Age	4	6	8	10	12

## Tips for successful measuring



- Measure when your child is clothed only in underwear
- Keep tape measure firm, but not tight
- Chest: measure around the fullest part of the chest, under the arms and across the shoulder blades
- Waist: Measure around the natural waistline (around height of navel), keeping the tape measure a bit loose or putting one finger between your child's body and the tape measure.

**Top tip:** if you do not own a tape measure, simply mark a piece of non-elastic string with your measurements and then measure the string using a ruler.

## Garment Measurements

### Outer leg measurements (inc cuff and waistband) for Children's Leggings:

XS: 61.5cm / 24.25 inches  
Small: 69cm / 27.25 inches  
Medium: 77cm / 30.25 inches  
Large: 84.5cm / 33.25 inches  
XL: 92cm / 36.25 inches

**Children's Top garment length – from highest point at shoulder (edge of neck), to hem:**

XS: 46cm / 18 inches

Small: 48cm / 19 inches

Medium: 51cm / 20 inches

Large: 53cm / 21 inches

XL: 56cm / 22 inches

**Children's Top sleeve length – from centre back to cuff edge:**

XS: 57cm / 22.5 inches

Small: 59.5cm / 23.5 inches

Medium: 62cm / 24.25 inches

Large: 64cm / 25 inches

XL: 66cm / 26 inches